

## GULF DEFENDER

Tyndall Air Force Base, Fla. Gulf Defender



Vol. 64, No. 21

May 27, 2005

#### In brief

#### **Xtreme Challenge**

In preparation for the 101 Critical Days of Summer, Tyndall AFB will kick-off Operation Summer Survivor: Xtreme Challenge today at Heritage Park here. Beginning at 10:30 a.m., people can come out and see displays and demonstrations promoting safety. Also, there will be a Chiefs vs. Eagles softball game. Food and drinks will be available at the park.

#### **Commissary hours**

The Commissary will be closed Monday for Memorial Day. It will reopen Tuesday with regular hours.

#### What's inside



Tyndall's NCO Academy graduates

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Be prepared for hurricane season

... PAGES 11-14

#### The ORI is coming ...



... 23 days and counting

# National Police Week event kicks off '101 Critical Days'

STAFF SGT. BENJAMIN ROJEK

325th Fighter Wing Public Affairs

The 325th Security Forces Squadron concluded National Police Week with a law enforcement and safety showcase in front of the Base Exchange here Saturday.

The event honors fallen law enforcement officers and promotes safety awareness for both children and adults, according to Tech. Sgt. Alijhondroe Wiley, 325th SFS NCO in charge of police services.

"National Police Week was first signed into law by President John F. Kennedy in 1962," said Sergeant Wiley. "But the first official memorial service didn't take place until May 15, 1982. Since then, the week during which May 15 falls is Police Week."

There is a large ceremony in Washington, D.C., on May 15 each year, he said, and Bay County had their first-ever Joint Law Enforcement Memorial this year. Held May 12 in McKenzie Park in Panama City, the memorial included representatives from the Florida Highway Patrol, Bay County Sheriff's Department, local police departments, the Department of Transportation and the 325th Security Forces Squadron.

While Saturday's event here was a reminder about the sacrifices made by local law enforcement officers, it was also an opportunity for security forces to remind both children and parents about the importance of safety.

"Now that school is out for the summer, kids are everywhere, especially in base housing and near the Youth Center," said Sergeant Wiley. "We want to make sure they are safe on their bikes, drink plenty of fluids and don't talk to strangers."

To help get those messages across, security forces had a bicycle safety inspection, and the BX handed out safety items. Also,



Airman 1st Class Sarah McDowe

Staff Sgt. Ryan Ahern, 325th Security Forces Squadron, checks the child restraint seat of 3-year-old Hunter Plotkin here recently. The 325th SFS celebrated National Police Week beginning May 15, finishing up Saturday with a law enforcement and safety showcase in front of the Base Exchange.

McGruff the Crime Dog and a Lynn Haven Drug Abuse Resistance Education officer were on hand to teach both parents and children how to avoid dangerous situations.

"The kids are the future and we need to get the safety message across to them," said Sergeant Wiley. "But the parents have a responsibility, too. They need to keep an eye on their children, and they especially need to remember not to drink and drive."

Even though the event spread the serious message of being aware and safe, there were plenty of fun things for parents and children to check out. There was a weapons display, which not only allowed visitors to see up close the artillery of Tyndall's guardians, but also

taught them about weapons safety. There were also static displays of law enforcement vehicles from both on and off base, free snowcones and free DARE T-shirts and stickers. Security Forces dog handlers also put on a military working dog demonstration.

Having a good time and safety go hand-in-hand, said Sergeant Wiley.

"It's summer – get the kids out of the house," he said. "Have fun, but be safe doing it.

"Everyone can do their part to make Tyndall safer," he continued. "If people see any security violations or anything suspicious, they can call the Security Forces Control Center at 283-2254, or email us at callthecops@tyndall.af.mil. Of course, in emergencies, always dial 911."

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#### Staff Sgt. Benjamin Rojek

#### Graceful child

Seven-year-old Hadley Keader performs the Thai Ouay Pawn dance at the Asian/Pacific Heritage committee's Food Tasting Extravaganza Saturday. Hadley also performed at the Asian/Pacific Luncheon Wednesday. Both events featured dances from different cultures, including Thai, hula and Japanese dancing.

#### Tyndall's weekend weather forecast

Today
Partly cloudy,
isolated p.m.
thunderstorms



High: 88 Low: 69

Saturday
Partly cloudy,
isolated p.m.
thunderstorms



High: 86 Low: 70

Sunday
Increasing
clouds, chance of
thunderstorms



High: 83 Low: 71

Courtesy of the 325th Operations Support Squadron weather flight

#### ON THE **STREET**

## What does Memorial Day mean to you?



"It means spending time with people who are important to you and remembering those who died for our freedom."

**TECH. SGT. FRANK SHARRETT** 325th Air Control Squadron



"It is the day when we remember everyone who fought for America."

#### AIRMAN 1ST CLASS MATT KRAMER 2nd Aircraft Maintenance Unit



"It is a day to honor the men and women who gave their lives for the military, not just a day for barbeques."

#### STAFF SGT. FREDERICK WHITE 325th Communications Squadron



"It means a lot. It means that our guys have been fighting for our country, both active duty and retired."

#### SARAH COOPER

325th Aeromedical-Dental Squadron

#### **Gulf Defender Editorial Staff**

Brig. Gen. Jack Egginton	325th FW commander
Maj. Susan A. Romano	chief, 325th FW public affairs
1st Lt. Albert Bosco	chief, internal information
2nd Lt. William Powell	deputy chief, internal information
Staff Sqt. Benjamin Rojek	editor

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The deadline for article submissions to the *Gulf Defender* is 4 p.m. Friday, prior to the week of publication unless otherwise noted. Articles must be typed and double-spaced, preferably on a 3.5-inch disc. Stories should be submitted directly to the public affairs office, Building 662, Room 129 or mailed to: 325 FW/PAI, 445 Suwannee Ave., Tyndall AFB, FL, 32403-5425 or e-mailed to editor@tyndall.af.mil. Public affairs staff members edit all material for accuracy, brevity, clarity, conformity to regulations and journalistic style. The delivery of the *Gulf Defender* to Tyndall base housing sections is provided by the *Panama City News Herald*.

For more information, or to advertise in the newspaper, call (850) 747-5000.

## Commentary

## AF enters '101 Critical Days of Summer'

KEN JOLLEY

325th Fighter Wing Safety Office

About this time of the year, everyone is talking about the "101 Critical Days of Summer."

In support of this year's "101 Critical Days" campaign, Air Education and Training Command has decided to place a different spin on it by calling it "Operation Summer Survivor: Xtreme Challenge."

You may ask yourself, why all the hoopla during the summer months? Historically, Air Force statistics show there is an increase in off-duty mishaps during the long days of summer. The period between Memorial Day and Labor Day was chosen since each involved a three-day holiday weekend. When the number of days between the beginning of the Memorial

Day weekend and the end of the Labor Day weekend were counted, it ended up being 101 days, thus the name.

Last summer we lost 36 Airmen to needless mishaps. The most significant loss of life among Air Force members involved private motor vehicles, with 12 automobile and 11 motorcycle-related fatalities. Driving while impaired, speeding and fatigue were the leading contributing factors in the fatal four-wheeled motor vehicle mishaps, and proficiency, speeding and impaired driving were the primary contributors to the motorcycle mishaps. Over the last five years we have lost 135 Airman during the summer months. We must end this senseless loss of life.

Moreover, Tyndall has had 32 reportable mishaps so far this year, including five pri-

vate motor vehicle and seven motorcycle mishaps. The other 20 were on and off duty, sports and recreation, and miscellaneous mishaps.

With all that in mind, our focus during this year's campaign is to ensure all of our friends and coworkers survive the summer months and report to work the day after Labor Day. This will take everyone working together, especially our leadership, to get our people more focused on personal risk management.

We all know the Operational Risk Management process. The first and biggest step is to identify the hazards that surround any activity which we want to do. Remember, on duty or off, whatever we do has risk. The trick is to know what those risks are and that takes some thought.

Once we know what the risks are we can take the necessary steps to counter them. That includes not doing the activity in the first place if the benefit doesn't outweigh the risks.

Every one of us has to accept the responsibility to refrain from taking unnecessary risks where alcohol is involved; to avoid unsafe and aggressive driving behavior; to wear appropriate safety gear; and to get ample rest when engaging in high-risk activities.

The Air Force has never achieved its goal of zero fatalities during this critical period. However, a zero fatality rate is attainable. Let's do our share to break this deadly streak by doing things right, watching out for each other and avoiding excessive risks.

## 'Semper Gumby': Airmen must remain flexible

STAFF SGT. BENJAMIN ROJEK

325th Fighter Wing Public Affairs

"It's not in my job description."

"This isn't what I signed up for."

"That's not fair!"

Have you ever said one of these? I have. I caught myself complaining the other day about how unfair it was that others in my office were being allowed to leave for a rest day, and I had to stay.

"I've worked 12 days already, and I have to work tomorrow," I said. "Why do I have to stay?"

Then all at once it hit me: I was being selfish.

Here I am, stationed in Panama City, Fla. I work in an eight-hour-a-day job, I get a lunch break and I have a place to which I go home at the end of the day. I have fast food, cable TV and the beach. It could be a lot worse.

Let's take a look at our brothers- and sisters-inarms deployed and stationed in the Middle East. They work anywhere from 10 to 14 hours per day, six to 14 days in a row, sometimes more. They are living in tents or trailers, eating Meals, Ready to Eat, and the highlight of their week is a letter or e-mail from home. They work through the desert heat or the mountain cold, and some fall asleep to the sound of mortar fire.

And I want to complain about working in my office for an extra couple of days.

Every single one of us in the Air Force swore that we would defend the Constitution of the United States. This is not a 9 to 5 job. This requires that we remain vigilant all day, every day. We must be ready to go to war. We must be ready to fight. The Air Force doesn't put us through that training for nothing.

And believe me, work schedules aren't much different in the "outside" world. I worked for a large corporation before I joined the military five years ago. My schedule said 8:30 a.m. to 5:30 p.m. Monday through Friday. If only it worked that way.

Some days we worked until 8 p.m. Other days, we had to come in an hour early. Some days I had to travel an extra hour to one of our sister offices, and some weekends we had to come in to work. And if I didn't do this, I could be fired.

While working at that company, I never heard one person complain about having to work late, or having

In this time of Global War on Terrorism, we are expeditionary Airmen. We have to be ready for anything, anywhere, at any time."

STAFF SGT. BENJAMIN ROJEK 325th Fighter Wing Public Affairs

to come in early. They knew that this was the profession they had chosen, and if they wanted to stay employed, they had better do what was necessary to get the job done.

We as servicemembers don't have to worry as much about "getting fired," but we do have a bigger responsibility than any other profession: Defend freedom, promote democracy, and protect each other. We also need to do what is necessary to get the job done.

In this time of Global War on Terrorism, we are expeditionary Airmen. We have to be ready for anything, anywhere, at any time.

Or, in the words of one wise supervisor, "Semper Gumby; always flexible."

BRIG. GEN. JACK EGGINTON
325th Fighter Wing commander

The Action Line is your direct line to me. It is one way to make Tyndall a better place to work and live.

The goal is to provide you with an accurate, timely response. You must leave your name, phone number or address to receive a response.

Questions or comments of general interest will be published in this forum. This avenue should only be used after coordinating problems or concerns with supervisors, commanders, first sergeants or facility managers.

If you're not satisfied with the response or you are unable to resolve the problem, call me at 283-2255.

For fraud, waste and abuse calls, you should talk to

the 325th Fighter Wing Inspector General's Office, 283-4646.

Calls concerning energy abuse should be referred to the energy hot line, 283-3995.

Below are more numbers that can help you in resolving any issues with a base agency.

 Commissary
 283-4825

 Pass and I.D.
 283-4191

 Medical and Dental
 283-7515

 MEO
 283-2739

 MPF
 283-2276

 SFS Desk Sgt.
 283-2254

283-2501 Services Legal 283-4681 283-2036 Housing CDC 283-4747 Wing Safety 283-4231 283-2911 Area Defense Counsel 283-4117 **Finance** 283-4949 **Civil Engineer** Civilian Personnel 283-3203 **Base Information** 283-1113

Thank you for helping me improve Tyndall and I look forward to hearing from you.

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#### What does it take to be recognized?

CHIEF MASTER SGT. CATHI DURICK
65th Air Base Wing

LAJES FIELD, Azores (AFPN) - The question lingers: What does it take to be recognized? For Airmen and noncommissioned officers, recognition can be a confusing issue, so let's talk quarterly awards.

Being a quarterly or annual award winner can earn an Airman or NCO a bullet on a performance report; for senior NCOs, it can be a stratifying statement for promotion. As we progress in our careers, competing against peers and winning may be a deciding factor in assignments, Stripes For Exceptional Performers promotions, senior NCO board scores, in-residence professional military education and more.

Over the years, and it has been almost 26 of them for me, I have been on hundreds of boards and have developed a sense of what it takes to be an award winner. Job knowledge and performance are the key here. Did you affect your work center, flight, squadron or major command by doing something faster, better or cheaper? Just being key to the squadron winning an award doesn't really say any-

#### **FORCE SUSTAINMENT**



thing. What did you do, or what did your Airman do, to guarantee that award?

Quantifying is important but don't exaggerate. I would like to see all the money and manpower we supposedly saved the Air Force over the past several years that I have seen cited in award packages. With some of these exaggerations, the Air Force would be able to fund a lot of quality-of-life projects.

All nominees do great things on their primary job, but winning a tiebreaker is usually because the "other" categories are strong. Offduty activities are important in your overall score. Professionals are distinguished by their skill and experience. What better way to enhance these traits than to get involved in volunteer work and self-improvement?

Volunteering on base and in the community is a sure sign of leadership and initiative, and there are always opportunities to volunteer as key workers for local events. Yet, as I was sitting in an organization meeting a couple of weeks ago, a young technical sergeant all but begged for points of contact for different events while the Airmen she was addressing looked at the shine on their boots. Volunteer programs give our folks opportunities to get involved and contribute.

Self-improvement through offduty education is really important. Don't think the board members can't deduce you have been carrying around the same 38 credit hours toward a future Community College of the Air Force degree. I

"Want to win? Then distinguish yourself from the pack and make an impact."

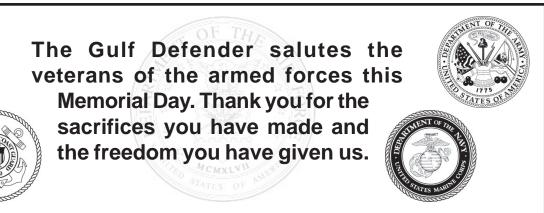
CHIEF MASTER SGT. CATHI DURICK 65th Air Base Wing

have seen annual awards and enlisted performance report bullets with the same number of credits for a year or so. Not an impressive accomplishment and more often it hurts rather than helps. Get going on your education.

Never say you did things that you didn't; the board members have seen a lot of bullets and probably know the difference. Besides, the award is only worth it if you really did the work.

I realize some of you will always have the perception that the quarterly and annual award process rewards the competitive person at the expense of the "hard worker" and misplaces the recognition. I give my vote to the professional – the individual who excels at his or her job, takes initiative, contributes to the community and betters him or herself. That is the essence of professionalism. Want to win? Then distinguish yourself from the pack and make an impact. Make yourself competitive for an award that matches your talents, interests and strengths.

Supervisors, when your troop approaches you and asks, "Why didn't you nominate me?," be ready to defend your criteria for what it takes to represent your section, flight or command at the next level, then tell them what it takes to win!



## Congratulations Tyndall NCO Academy graduates!

(Editor's note: The following technical sergeants graduated from the NCO Academy Thursday.)

Jane Warren, 325th OSS
Major Johnson, 325th FW
\*Alucia Davis, 43rd FS
John McGinty, 325th MXS
Phillip Calla, 325th AMDS
Richard Horner, 325th AMXS
Jon Werner, 325th MXS
\*James Forcella, 325th SFS
Michael Yates, 325th MXS
Erlene Harris, 325th CPTS
Jose Rutiaga, 325th MXS
Charles Cape, 325th AMXS
Donald Flournoy, 325th AMXS
Orin Bertrand, 327nd TRS/Det. 4

\*Distinguished Graduate

#### Airmen can show service colors while traveling

STAFF SGT. C. TODD LOPEZ

Air Force Print News

**WASHINGTON** — A new Air Force policy gives Airmen the choice to show their colors when traveling to and from deployment locations

Airmen traveling to and from the U.S. Central Command Air Forces' area of responsibility have been, until recently, required to wear civilian clothing on flights in and out of the area.

Under a new policy, Airmen now have the option to wear their desert combat uniform on those flights. The policy change came after suggestions to both the chief of staff and chief master sergeant of the Air Force, said Senior Master Sgt. Dana Athnos, the Air Force's uniform board superintendent.

"This started with queries to Air Force senior (leaders) as they toured the AOR," Sergeant Athnos said. "This was about pride. Other services were coming home in uniform and experiencing tremendous support along the way from the American public. Our Airmen were in civilian clothes, and people didn't

readily recognize them as Air Force personnel. They simply want the country to know they are proud of their service too."

The new policy allows Airmen to wear their uniforms when traveling inside the United States to their port of departure, so long as they fly aboard a U.S.-based airline. Airmen may also wear their uniforms when traveling to the AOR if they are flying on a military or chartered commercial aircraft. The same rules apply when Airmen come home.

One concern for policy makers is that Airmen remember to conduct themselves as true Air Force professionals. Sergeant Athnos said Airmen are reminded that their uniforms must always be clean and serviceable; they must be in compliance with dress and appearance instructions and always conduct themselves in a manner befitting the Air Force.

Some Airmen might want to wear their uniforms when traveling to a deployed location, but are afraid of drawing unnecessary attention to themselves.

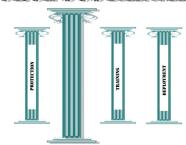
Sergeant Athnos said U.S. airports have plenty of security, and that the Air Force has

historically allowed or even required Airmen to be in uniform when aboard aircraft.

"Besides, if you were in civilian clothes, you would still have your web gear and your mobility bags with you, and you are still hanging around the (United Services Organization)," she said. "It's not a secret that you are in the military."

Also, part of the policy is a requirement that Airmen carry a change of civilian clothes with them if they choose to wear a uniform, and a clean uniform if they choose to wear civilian clothes. That kind of preparedness allows Airmen to adjust their appearance should the situation demand it.

#### **FORCE SUSTAINMENT**



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## Officials brief on crash clean-up at local town hall meeting



Airman 1st Class Sarah McDowel

Steve McLellan, 325th Civil Engineer Squadron environmental engineer, and Maj. Teresa Reed, 325th Fighter Wing deputy staff judge advocate, brief the residents of St. George Island about the status of the F-15 crash that happened on their land more than a year ago. Each are holding up pieces of the aircraft that was destroyed in the accident.

MASTER SGT. MARY MCHALE

325th Fighter Wing Public Affairs

Base officials from the 325th Fighter Wing updated St. George Island residents during a community meeting there May 19 to advise them about the status of the clean-up effort following a Tyndall F-15 crash near their coast-line May 21, 2004.

Included in the visit to the island were Col. Martin Sayles, 325th Mission Support Group commander, Lt. Col. Curt Van de Walle, 325th Civil Engineer Squadron commander, and representatives from the 325th CES Environmental Flight, 325th Operations Support Squadron, Base Legal Office and 325th FW Public Affairs Office. There was also a representative from the Florida Department of Environmental Protection.

The crash occurred following the inadvertent ejection of the jet's pilot who was rescued from gulf waters by Florida Fish and Wildlife Services. While base clean up crews collected what they could find immediately after the incident, some parts remain buried under the marshland just off the island's coast. A final disposition plan for the site is currently being developed.

"Tyndall Air Force Base leadership takes their environmental stewardship responsibility seriously," said Steve McLellan, the 325th CES environmental engineer who briefed the audience. "We want to restore the site to as close to pre-crash conditions as possible with minimal short and long-term environmental consequences. Site assessments and good environmental stewardship will dictate the best course of action."

During the briefing, small recovered aircraft pieces were passed around so the residents could see first hand the level of damage the aircraft sustained upon impact.

According to Mr. McLellan, the aircraft continued to fly for approximately one minute 45 seconds in afterburner after the pilot ejected. When it hit the marsh along the coast, it was exceeding speeds of 700 miles per hour. The engineer said that physics, evidence at the crash site and experience of the Air Force investigation team indicate the aircraft totally disintegrated, so pieces that were not recovered

are more than likely buried at a depth of more than 70 feet below the surface.

He said initial concerns were about the decision to attempt to recover what was buried but both the accident and safety investigation boards determined there was no need. Now, he said, the primary considerations during the future restoration activities will be: minimizing impact on local residents; quality of surface and ground water; concerns for natural vegetation, and fish and wildlife and aesthetics.

Additionally, environmental engineers from Tyndall will continue to work closely with the FDEP to achieve the eventual restoration.

Currently, efforts are focused on future site assessments to determine if any residual fuel deposits exist in the area, what, if any, is their environmental impact and the best course of action if hazards exist.

"The restoration approach will continue to be coordinated with FDEP," Mr. McLellan said. "The focus will be on minimizing impacts created by the crash while not creating additional problems."

#### SFS says 'Click It or Ticket'

Tyndall's security forces are joining more than 11,000 law enforcement agencies in a nationwide crackdown on seatbelt law violators.

Young adults will see and hear the message "Click It or Ticket; if you won't buckle up to save your life, then buckle up to save yourself a ticket" in television and radio ads, across college campuses, military bases, over public address systems, and through enforcement in locations where young people congregate, such as schools and sporting events.

The two-week enforcement wave, which began

Monday and runs through June 5, is supported by more than \$26 million in congressionally-funded national and state advertising. The campaign is based on a proven public health model: "high visibility enforcement" results in increased seatbelt use. Last year, the national "Click It or Ticket" campaign increased seatbelt use by four percentage points to 79 percent, the highest rate ever recorded.

"We need to deliver a message to the community that if drivers and passengers don't buckle up to save their lives, they should buckle up to save themselves a ticket," said Tech. Sgt. Alijhondroe Wiley, the 325th Security Forces Squadron NCO in charge of police services.

During the national "Click It or Ticket" mobilization, the 325th SFS will intensify enforcement of safety belt laws and child passenger safety laws by setting up checkpoints at every entry control point, and patrols will conduct random seatbelt checks in base housing and U.S. Highway 98. Drivers failing to restrain themselves and their child passengers will be ticketed according to the law.

(Courtesy of 325th Security Forces Squadron)

## AF launches 'AF eMail' for more reliable communication

MASTER SGT. MITCH GETTLE

Air Force Print News

**WASHINGTON** — The Air Force began the first phase of a new e-mail system May 6 that will enhance communication of Airmen worldwide.

AF eMail (aka eMail-for-Life) is a single, static e-mail address that will not change during the career of an Airman or Air Force civilian employee.

The current e-mail system, rapid mobility of the force and frequent assignments and career development opportunities outside the Air Force can make it difficult for Airmen to communicate.

"At any given time, we can only reliably connect and communicate with 79 percent of our force through e-mail,"

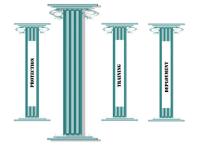
said Capt. Kirk Phillips, information technology division chief at the Air Force Senior Leader Management Office.

"E-mail is the most critical communication tool that we're using to implement force development and transform our personnel process. Industry-standard e-business solutions require static e-mail addresses, and that is the direction the Air Force is headed," Captain Phillips

Airmen will be able to complete personnel actions in minutes through e-mail and the Internet, along with other benefits, he said.

"Not only is there a huge potential for Air Force cost avoidance, but mission support will be greatly enhanced by empowering every member to reliably connect and communicate with each other without worry about changing e-mail addresses every couple of years," Captain Phillips said. "We'll be able to transform personnel processes under the Air Force directorate of personnel's personnel service delivery model and empower mem

#### FORCE SUSTAINMENT



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#### Sky X: Blasting away global terrorism

2ND LT. WILLIAM POWELL

325th Fighter Wing Public Affairs

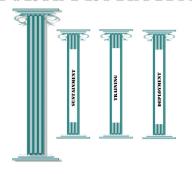
The Air Force Research Laboratory Force Protection Branch here conducts hundreds of explosive detonations each year, but for the first time they recently blew up a minivan.

According to Col. Jim Pollard, AFRL/Detachment 2 commander, the purpose for detonating the minivan filled with 500 pounds of ammonium nitrate fuel oil mix, or ANFO, was to simulate a car bomb similar to what insurgents use in Iraq and Afghanistan.

"We typically put the explosives in a pile on the ground, so this is the first time we've used a vehicle to simulate a real car bomb," Colonel Pollard said. "The explosion is more realistic because of the shrapnel and fragmentation."

The AFRL engineers use the Sky X Test Range 2 located about eight miles east of Tyndall's runways to detonate explosives up to 1,000 pounds. The detonations help researchers test explosive barriers designed to protect people

#### **FORCE PROTECTION**





Courtesy photo; Inset: 2nd Lt. William Powel

An explosion rocks the Sky X Test Range 2 May 11 here. The blast was meant to simulate a car bomb to help researchers design effective blast barriers and hardened structures. Inset: The van used for the car bomb simulation was filled with 500 pounds of explosives.

and facilities from car bombs or other terrorist weapons. The researchers use both commercially available barriers and barriers designed by the AFRL engineers.

"The only way to make a building safer is to blow it up and see how it reacts," the colonel said. "Then we analyze the building and barriers by using high speed cameras and looking at the blast impact to see which designs and materials worked well and which didn't." Nearly 50 of the men and women responsible for acquiring protective barriers for the Department of Defense, like the ones developed and tested here, were on site to observe the minivan explode. Known as the Physical Security Equipment Action Group, they are some of the DOD's premier Force Protection research and development experts.

"These are members of all the

• SEE AFRL PAGE 21



### ORI TIP OF THE WEEK

Week 4:

If the evaluator finds problems, fix them on the spot, or as quickly as possible. Do not take things personally or become defensive. If you correct a discrepancy during the inspection, contact the evaluator and ask them to come back during the inspection and take a review of your corrective action.

## Tyndall Airman helps mentally ill through education

2ND LT. WILLIAM POWELL

325th Fighter Wing Public Affairs

A Tyndall Airman is fighting to educate the population and dispel the myths and stigmas associated with mental illness.

Master Sgt. Cecilia Grimm, Southeast Air Defense Sector/Detachment 1 commander's support staff NCO in charge, is a member of the Bay County Chapter of the National Alliance for the Mentally Ill. As a member, she facilitates multiple support groups each month for family members of those affected with mental illnesses and for people who actually suffer with them.

Her work here began more than two years ago, but her experience with handling someone with a mental illness started nearly 20 years ago.

"My 26-year-old son was diagnosed with bipolar disorder in 2003, but his depression began when he was only 8 or 9 years old," she said. "Unfortunately, doctors didn't think his depression was clinical at such a young age, so he went untreated for years."

Bipolar disorder is also known as manic depression. It's a serious illness, one that can lead to risky behavior, damaged relationships and careers, even suicidal tendencies – if it's not treated. The disorder is characterized by extreme changes in mood from mania to depression.

"Now that I know what his actual disorder is, it explains a lot about what he has done in the past," she said. "Sometimes he physically couldn't get out of bed because he was so depressed. Important moments in his life – like buying a car or a home or getting married – put so much stress on him that he couldn't even function."

Sergeant Grimm said her son and others with his condition have such a hard time concentrating, that they typically cannot maintain a job, forcing them to either apply for disability or go homeless. The resulting financial problems just compound their stress, and many feel suicide is their only resort.

"I got a call from my son a couple years ago and he said he was going to kill himself," she said. "I could hear him cocking a shotgun in the background. At the time, he was living in Illinois, so I was physically helpless. But as I talked to him on the phone, I simultaneously called the police and they sent someone to intervene and save him."

Sergeant Grimm admits having a son with bipolar disorder hasn't been easy, but she isn't ashamed to talk about it

"Mental illness is a disease just like diabetes," she said. "I wouldn't be afraid to tell someone my daughter has diabetes, so why should I be reluctant to talk about my son's disease?"

The NAMI support groups have been helpful in educating her on the disorder and reminding her that she is not alone, she said. But many people still don't know about support groups that are available.

"I believe there could be people at Tyndall with family



2nd Lt. William Pow

Master Sgt. Cecilia Grimm, left, Southeast Air Defense Sector/ Detachment 1 NCO in charge of commander's support staff, looks over some information about the National Alliance for the Mentally III with David Green, Bay County's NAMI president, May 19 at the Park Forest United Methodist Church in Panama City.

members suffering from some sort of mental illness," Sergeant Grimm said. "Mental illness is not that uncommon. In fact, I bet if you ask any random person, they will either know someone who has some sort of mental illness, or they know someone who knows someone with a mental illness."

For more information about the Bay County Chapter NAMI support groups, contact Sergeant Grimm at 283-8847.





Steve Wallace

Sergeant Tabert receives the Checkertail Salute Warrior of the Week award from Brig. Gen. Jack Egginton, 325th Fighter Wing commander.

The Checkertail Clan salutes Sergeant Tabert, 325th Fighter Wing command section NCO in charge. She quickly mastered and implemented a wing tracking database, maintaining 100 percent accountability of more than 200 reports and decorations monthly. While deployed to Iraq, she highlighted more than 350 priority intelligence requirement documents for Iraq Survey Group functional team analysis.

**Duty title:** 325th Fighter Wing command section NCO in charge

**Time on station:** One year, three months

Time in service: Seven years Hometown: Ithaca, Mich.

**Hobbies:** Exploring new places and trying

new recipes

**Goals:** Get a bachelor's degree in business management, play an instrument well and

learn a second language

Favorite movie: "Pretty in Pink"
Favorite thing about Tyndall: The

camaraderie of our staff

Pet peeves: Insincerity and disrespect

Proudest moment in the military:

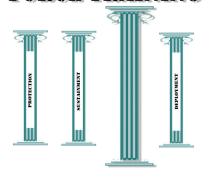
Receiving my staff sergeant stripes from the wing vice commander

The Checkertail Salute is a 325th Fighter Wing commander program designed to recognize Tyndall's Warrior of the Week. Supervisors can nominate individuals via their squadron and group commanders. Award recipients receive a certificate, letter from the commander and a one-day pass.





#### **FORCE TRAINING**



#### Training Spotlight

#### How was your first time on the scope?

Well, console familiarization was a lot better than being in casual student status, because I was finally able to start doing my job."



2ND LT. JAMES CAPRA 325th Air Control Squadron Air Battle Manager student

## Intel it like it is: Latest class reflects on training

1st Lt. Albert Bosco

325th Fighter Wing Public Affairs

(Editor's note: This is the last of a four part series highlighting the Intelligence Flight Training Unit here.)

Four grueling weeks of academics and handson training comes to a close today for seven F-15C Eagle intelligence students here.

Since May 2, six officers and one enlisted student learned nearly everything there is to know about the venerable Eagle's capabilities so they can arm their home unit's pilots with the best weapon of all – knowledge.

According to Staff Sgt. Ramon Martinez, 325th Operations Support Squadron Intelligence Formal Training Unit NCO in charge, the students' training ran the gamut from getting a basic introduction to how intelligence applies to the F-15 community and knowing what threats currently exist, to learning how to brief and debrief pilots and write detailed reports.

"It's important to make sure our students are trained properly," Sergeant Martinez said. "If they don't receive the proper training, and don't have any prior fighter experience, they can get confused when briefing and debriefing pilots."

According to Tech. Sgt. Ron Delicath, a Missouri Air National Guardsman, and the only enlisted student in the class, learning how to talk to the pilots is the most challenging part of the class.

"Although I have intelligence experience on the C-130 Hercules, it's a lot different from learning about fighters," he said. "Learning all of the F-15 terms and jargon was a challenge and the only part of the class that really worried me."

Sergeant Delicath added the class was better than others he's attended, and the dedica-



1st Lt. Albert Bosco

Maj. Donna Boyce, 325th Operations Support Squadron Intelligence Flight chief, hands a training certificate to Tech. Sgt. Ron Delicath, a Missouri Air National Guardsman and graduate of Tyndall's F-15C Intelligence Formal Training Unit class. Sergeant Delicath and six other students completed the four-week class, which began May 2.

tion of the instructors really made a difference.

"The instructors really made the class. They were willing to stay late with little or no notice to help out," he said.

But the class did offer some benefits to the students, who were treated to some simulator time earlier in the class and orientation rides in the F-15 Wednesday.

"The last week of training is kind of like the 'cherry on top' for the students," Sergeant Martinez said. "After all they learned we wanted them to get a better understanding of what they'll be talking about when they brief."

Commenting on his experiences in the class, 2nd Lt. Christian Fisher, a 12th Fighter Squadron intelligence officer from Elmendorf AFB, Alaska, and the classes distinguished graduate, said it was a great experience to gain valuable knowledge about the F-15's airframe and systems, but the most fun was being able to fly in the simulators.

"We each got to spend about one hour in the simulators, which was fun, but we were also able to use what we learned about the F-15's cockpit layout and switchology," the lieutenant said. "It really gives you an appreciation for what the pilots do."

With the class nearly behind them, though, both Lieutenant Fisher and Sergeant Delicath said they now have a better understanding of what they'll be doing and will certainly feel more comfortable talking about threats and the F-15, especially in a deployed environment – something they're looking forward to.

#### **Under pressure**

Airman 1st Class Alexis Dinatale, left, closes a valve to build up pressure on a liquid oxygen servicing cart, while Airman Basic Nikell Mitchell watches. Both **Airmen are Mission Ready** Airmen students with the 372nd Training Squadron/ Detachment 4 here. Students learn about servicing liquid oxygen tanks towards the end of their 20-day course here. The tanks are for the breathable oxygen that pilots use while in flight.



# Mission Ready Airmen (F-15 Eagle crew chiefs) student progress chart Class # 10% 20% 30% 40% 50% 60% 70% 80% 90% 100% 2005013 May 27 June 1 June 3 June 7 June 9



NASA Photo

## Time to prepare for busy hurricane season is now

1st Lt. Albert Bosco

325th Fighter Wing Public Affairs

Anyone who was in Florida last during the 2004 hurricane season knows all too well Mother Nature's destructive power.

In a short four-week period four major storms rocked the Sunshine State, wreaking havoc from one end to the other and causing billions of dollars in damage. In fact, much of the damage left from last year's storms remains visible today.

Wednesday marks the beginning of the 2005 hurricane season, which runs through Nov. 30, and Dr. William Gray, professor of atmospheric science at Colorado State University, Colo., predicts an increase in storm activity over previous years.

According to Doctor Gray's forecast, released April 1, the coming season could see 13 named storms of which seven becoming hurricane strength. Of the seven projected hurricanes, Doctor Gray predicted three will become intense hurricanes of Category 3 or higher in magnitude.

The National Oceanic and Atmospheric Administration released an updated outlook May 16, which follows Doctor Gray's predictions noting a 70 percent chance of an above-normal season.

Craig Fugate, director of the Florida Division of Emergency Management, said Doctor Gray's forecast is based on decades of seasonal trends and urges Floridians to prepare now.

"Many Floridians are still recovering from the effects of the 2004 storms," he said. "The issuance of [Doctor Gray's] forecast should serve as a reminder for Floridians to be prepared for any disaster."

According to Max Mayfield, NOAA National Hurricane Center director, preparation is key to minimizing the affects of these deadly storms.

"Last year's hurricane season pro-

Last year's hurricane season provided a reminder that planning and preparation for a hurricane do make a difference."

MAX MAYFIELD

National Hurricane Center director

vided a reminder that planning and preparation for a hurricane do make a difference," he said. "Residents in hurricane-vulnerable areas who had a plan, and took individual responsibility for acting on those plans, fared better than those who did not."

Therefore, all Floridians should have a hurricane preparedness plan and a disaster supply kit, which may become their most valuable possession when facing a storm. Officials at the National Hurricane Center recommend creating a hurricane supply kit and a family disaster plan outlining how you plan to deal with a hurricane.

The plan should include information such as knowing the types of hurricane-related hazards that could threaten your home or endanger your family; identifying a safe room in your home for each hazard; planned escape routes from your home and places where your family should meet; important emergency contact numbers; an evacuation plan for your family and pets should it become necessary to leave the area.

In addition to knowing the dangers of hurricane conditions and having a plan, everyone should know what to do when a hurricane watch or warning is issued by the local National Weather Service office.

When hurricane conditions are forecast within 36 hours, a hurricane watch is issued and the family disaster plan should spring to life.

If a hurricane warning is issued, sustained winds of at least 74 mph are expected within 24 hours. At this time, your family should be in the process of completing proactive actions and considering whether to ride the storm out in your selected safe location or evacuate.

Making plans for natural disasters now will not only save valuable time later, but is also a good, smart way to make sure you and your family are safe throughout the hurricane season.

For more information on hurricane preparation, visit www.floridadisaster.org or www.noaa.gov.

## Hurricane categories

Note: Hurricane strengths (categories) are based on sustained wind speeds according to the Saffir-Simpson Scale

**Tropical storm** - 39 to 73 mph

Category 1 - 74 to 95 mph

**Category 2** - 96 to 110 mph

Category 3 - 111 to 130 mph

**Category 4** - 131 to 155 mph

Category 5 - 155+ mph

## Remember: The Dupont Bridge is closed when sustained winds reach 55 mph.

Note - Wind speeds are typically given in knots. To convert to miles per hour, multiply by 1.14.

(Example 100 kts = 100 (1.14) or 115 mph)



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#### Can your family afford to evacuate?

MASTER SGT. PAUL KENNEDY

325th Comptroller Squadron

With hurricane season kicking off, Floridians are faced with planning how to protect their homes and families in the event of a storm. One thing many don't consider is what to do once the order is given to "get out of Dodge."

The last thing people should have to worry about during an evacuation is whether they can afford to leave or how they're going to pay for it. As a result, Air Force military families and civilian employees are authorized certain monetary entitlements when ordered to evacuate.

Travel and transportation allowances including mileage and lodging reimbursement, as well as per diem to cover the cost of meals and possibly the shipment of household goods, are authorized during an evacuation to a safe location.

Once people reach a safe location, the lodging reimbursement is equal to the actual total daily lodging cost incurred, not to exceed the maximum lodging rate for the area. People need to bear in mind, however, that lodging is not reimbursed when staying with friends or relatives, or when government-lodging facilities are being provided at no cost.

Additionally, per diem for military members and their families is based on the local rate and the availability of government meals.

Installation commanders also have the authority to ship and/or store household goods using local operations and maintenance funds, including quarters to quarters moves and nontemporary storage of household goods for quarters that become uninhabitable.

When evacuating, DOD personnel are required to use the government sponsored, contractor-issued travel card for all expenses incurred from official travel, which typically includes gas, food, and lodging for the member and authorized dependents.

Following the evacuation, the member must submit a travel voucher for reimbursement. Additionally, members need to include all lodging receipts and receipts for claimed items \$75 and higher. When completing a travel voucher, members are reminded to claim their vehicle mileage, list any dependents along with their relationship and date of birth, and ensure the voucher is signed by the member and his supervisor.

Additionally, members should be aware that an evacuation order must come from the installation commander, and any order given by civil authorities does not constitute eligibility for entitlements as they cannot authorize the obligation of DOD funds for evacuations.

Those who have evacuation entitlement-related questions can call the 325th Comptroller Squadron at (850) 283-8340.

#### No sales tax for hurricane prep items

Beginning 12:01 a.m. Wednesday, and running through midnight, June 12, people can purchase hurricane preparedness-related items tax-free.

The 2005 Florida legislature recently enacted, and the governor approved, a tax-free period directing that no sales tax be collected on specific items related to hurricane preparedness.

Under the tax-free rule, Florida residents can now stock up on hurricanerelated essentials such as portable ra-

#### Qualifying items selling for \$20 or less:

- Any portable self-powered light source
- Battery-powered flashlights
- Battery-powered lanterns
- Gas-powered lanterns
- Candles

#### Qualifying items selling for \$25 or less:

• Any gas or diesel fuel container

#### Qualifying items selling for \$30 or less:

- Batteries, including rechargeable, sizes AA, C, D, and 6- and 9-volt (excluding car and boat batteries) only.
- Non-electric food storage coolers
- Non-electric food storage ice chests
- First aid kits

dios, batteries, flashlights and candles, tarps and food storage containers. Not covered, however, are building materi-

als, such as plywood.

Specified items must fall into a certain price range to be tax-free. If the sales price of a qualifying item exceeds the allowable threshold amount, the tax exemption will not apply.

The following list outlines items that fall under the tax-free rule and their acceptable price range.

#### Qualifying items selling for \$50 or less:

- Self or battery-powered radios, including two-way and weather band.
- Tarps
- Flexible waterproof sheeting
- Ground anchor systems
- Tie-down kits

#### Qualifying item selling for \$750 or less:

• Portable generators that will be used to provide light or communications, or to preserve perishable food in the event of a power outage due to a hurricane.

(Note: Battery or gas-powered light sources and qualifying portable self-powered radios qualify for the exemption even though they may have electrical cords).

## Tyndall personnel must have form on file during evacuation

MASTER SGT. MARY MCHALE

325th Fighter Wing Public Affairs

Since natural disasters that drive evacuations are a proven reality to the Team Tyndall community, it's mandatory for accountability purposes that all active-duty military and civilian employees complete a Tyndall AFB Form 254, Emergency Notification Card.

"The form is for accountability during an evacuation as a result of a hurricane or other natural disaster," said 2nd Lt. Melissa Greene, 325th Mission Support Squadron section commander. "We have to know where people are so we can tell them when to come back after the storm or provide other important information."

Basically, the form's primary function is to provide leadership with personnel location and emergency contact information, and to assist family members with locating members during emergencies.

Information required on the form includes the names of the military member and their family, home address and phone number, and for children, school or daycare address and phone number.

The lieutenant also said it's a good idea to include cell phone numbers on the form as well.

Additionally, members need to include the location they will evacuate to, as well as an alternate location and the evacuation zone in which they reside.

Once completed, members need to provide copies of the form to their supervisor and squadron orderly room.

"It only takes five minutes to fill out, but it is so useful when we have to try to get in touch with someone following an evacuation," Lieutenant Greene said.

#### Do you know what Tyndall's HURCONs mean?

**HURCON 5** - Indicates the threat of a hurricane exists. This level exists from June 1 - Nov. 30, and may be upgraded as storms form and/or threaten Tyndall.

**HURCON 4** - Indicates surface winds in excess of 58 mph could arrive within 72 hours.

**HURCON 3** - Indicates surface winds in excess of 58 mph could arrive within 48 hours.

**HURCON 2** - Indicates surface winds in excess of 58 mph could arrive within 24 hours.

**HURCON 1** - Indicates surface winds in excess of 58 mph could arrive within 12 hours.

**HURCON 1E** - Indicates surface winds in excess of 58 mph are occurring, and other dangerous condition associated with the storm are present. All outside activity is strictly prohibited.

**HURCON 1R** - Indicates life-threatening hazards due to the storm have passed, but damage may persist and only emergency responders and damage assessment personnel are released to move about.

May 27, 2005 **Gulf Defender** 

#### **Hurricane 101:**

#### Understanding some commonly-used terms

HWT (Hurricane Watch Team) - This team is responsible for providing information to the installation commander and the Crisis Action Team on the status of the storm; legal and financial considerations; personnel issues for military, civilian and contract personnel; and inputs regarding aircraft evacuation issues.

ROE (Ride Out Element) - A small cadre of personnel that will remain on base in a shelter during a hurricane to provide minimal command, security and immediate damage assessment/control.

BRE (Base Recovery Element) - This element provides a more detailed damage assessment, an emergency landing area, and ensures safe return for mission essen-

ADVON BRE (Advance Base Recovery Element) - A team, led by the mission support squadron, that dispatches ahead of the Base Recovery Element to secure lodging in the event of an evacuation.

CAT (Crisis Action Team) - A cadre of senior leadership, which meets to discuss all options affecting personnel during a contingency.

CAT-D (Crisis Action Team Directive) - A written directive describing actions planned for by the CAT and approved by the installation commander.

EOC (Emergency Operations Center) - A county-owned and run command and control facility from which hurricane or other contingency operations are conducted.

#### New HURCONs offer added protection

expected to do just that."

325th Security Forces Squadron

CAPT. ALEXANDER ARCHIBALD

1st Lt. Albert Bosco

325th Fighter Wing Public Affairs

The 325th Fighter Wing's leadership recently added two new hurricane condition levels to Tyndall AFB's current fivetier system in order to provide added protection to base personnel.

The addition of HURCONs 1E and 1R come just in time for the beginning of the 2005 hurricane season, which begins Wednesday and runs through Nov. 30.

The suffixes, meaning emergency and

recovery, are meant. to keep people in their homes or shelters during life- orders people to remain indoors conditions.

"Last year there were reports of individuals outside taking pictures during

Hurricane Ivan," said Brig. Gen. Jack Egginton, 325th Fighter Wing commander. "That presents an extremely dangerous situation as these people could have been seriously injured by debris being blown around. As a result, we've developed these hurricane conditions to prevent these types of activities from occurring."

During HURCON 1E, only emergency personnel, such as fire and security forces, are permitted to be outside their homes or shelters, since the 1E indicates life-threatening conditions exist with sustained winds in excess of 58 mph.

HURCON 1R means the storm has passed, but there are still dangerous conditions present. During 1R, only base recovery personnel and those individuals identified as mission critical for getting Tyndall operational are authorized to be outside their homes.

According to Capt. Alexander Archibald, acting 325th Security Forces commander, those who violate the 1E or 1R directives could face punishment un-

\_\_\_\_ der the Uniform Code of Military Jusf the installation commander tice.

"If the installation threatening weather due to storm conditions, they are commander orders people to remain indoors due to storm conditions, they are expected to do just that," Captain

Archibald said. "If security forces is driving around and sees someone outside, they'll apprehend the individual and charge him with an Article 92 violation, or Failure to Obey."

But, according to General Egginton, the key issue is safety.

"Being told to remain indoors by the installation commander is a lawful order, but the biggest thing folks need to realize is this is for their protection," the general said. "Until we can be assured the area is safe, it's just best if people stay indoors."

Proper hurricane preparation begins long before the first glimpse of a storm on a weatherman's radar screen.

Creating a checklist to be used prior to a hurricane's arrival can ensure both you and your family are safe and secure when a storm makes landfall.

The list provided can be clipped and placed in a hurricane kit.

Do the following before an evacuation order is issued:

- □ Check hurricane kit and replace missing items. Ensure items such as food, water and batteries are rotated in and out of the kit to maintain freshness.
- ☐ Listen for official weather reports and announcements on radio and televisions. Announcements will also be posted on the base cable Channel 12.
- □ Note the address of nearest emergency shelter.
- ☐ Low-lying areas or mobile homes should be evacuated.
- ☐ If pregnant or ill, call a doctor for advice.
- □ Be prepared to turn off gas, water and electricity.
- □ Keep vehicles fueled and prepared to evacuate.
- ☐ Moor boats securely. Use long lines and allow for rising water.
- ☐ Secure objects that could

become deadly hazards, such as doors, shutters, gates, outdoor furniture, garden tools, sprinklers, hoses, children's toys, trash cans and loose branches.

#### If a hurricane evacuation is advised, do the following:

- □ Notify unit of evacuation destination.
- Notify destination of the evacuation and ensure there is no change in availability. Notify out-ofarea family/friends of evacuation.
- ☐ Leave the area as soon as possible.
- Follow official instructions.
- Disconnect all major appliances except for the refrigerator and freezer. Turn their controls to the coldest setting and keep the door closed.
- □ Provide food and water for pets, or board them in a kennel. Pets cannot be taken to an evacuation shelter or billeting.
- ☐ Shut off the water and gas at the main valve.
- ☐ If prescription medicine is needed, have two weeks worth on hand at all times.
- ☐ Ensure your home is properly secured.
- □ Drive safely, allow time for your trip and avoid areas where traffic congestion is likely to occur.



#### Hurricane watch vs. warning?

#### **Hurricane** watch

A hurricane watch means hurricane conditions could arrive within 36 hours. This watch should trigger your family's disaster plan, and proactive measures should be initiated, such as securing objects around your home.

#### **Hurricane** warning

A hurricane warning means sustained winds of at least 74 mph are expected within 24 hours. Once a warning is issued, your family should complete proactive actions and decide the safest location to be during the storm.

#### Phone numbers and Web sites of interest

Bay County Emergency Operations Center ......(850) 784-4000 Tyndall Civil Engineer Readiness Flight ......(850) 283-2010 Air Force Personnel Center ......(800) 453-9941

National Weather Service (www.nws.noaa.gov)

National Hurricane center (www.nhc.noaa.gov)

Florida Division of Emergency Management (www.floridadisaster.org)

To report downed power lines, fires or medical emergencies after the storm, call 911

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#### A hurricane kit is a valuable tool during a severe storm. Ensure you have the proper materials onhand. The following checklist can help.

- ☐ Foods: Nonperishable and canned foods that do not require cooking. Also, special dietary foods as required.
- ☐ Drinking water: At least two quarts per person per day contained in nonbreakable containers.
- ☐ Important personal property: Identification, cash, valuable papers, insurance policies and photos. Store these items in a waterproof container.
- ☐ Battery operated all weather radio with extra batteries. A NOAA-capable radio is recommended.
- ☐ Personal hygiene items: Soap, deodorant, shampoo, toothbrush, toothpaste, aspirin, antacid, towels and washcloths. etc.
- ☐ Utensils: Manual can opener, disposable plates, cups, forks, knives, spoons,
- napkins, etc.
- ☐ Personal aids: Eyeglasses, hearing aids and
- batteries, prosthetic devices, etc.
- ☐ Leisure items: Books, games, cards, toys, etc.
- ☐ Infant care items, such as

- disposable diapers, wipes, formula, baby food.
- ☐ Flashlight with extra batteries.
- ☐ Fire extinguisher.
- ☐ First aid kit: Prescription medications (two-week supply), bandages, gauze, adhesive tape, sterile pads, band aids, triangular bandages, safety scissors, non-prescription medicine, sun screen, insect repellant, rubbing alcohol, hydrogen peroxide, etc.
- ☐ Bedding: Sleeping bags, blankets and sheets, pillows, etc. These items should be stored in a waterproof container.
- ☐ Clothing: At least one change of clothing including an extra pair of rugged shoes.
- ☐ Tools: Screwdrivers (slotted and Phillips), hammer, nails, utility knife, axe, scissors, handsaw, pliers, rope, plastic tarp, drop cloths, tape, etc.
- ☐ Camping accessories: Lantern, portable stove,
- matches, portable cooler, etc. ☐ Wood to secure broken windows, etc.

## Stay informed with Straight Talk

The Straight Talk contingency information line is a vital tool for keeping military and civilian personnel informed during a hurricane or other disaster.

By calling (877) 529-5540, anyone can get updated information regarding Tyndall's current status, duty reporting information and directives or instructions from wing leadership.

Straight Talk has 32 available phone lines to accommodate many callers at once, and personnel should check for updates often.

This number should not be confused with other toll-free numbers used during hurricane evacuations, which are dedicated solely to informing Tyndall employees when to return to work following an evacuation or allowing personnel to provide updates to wing leadership on their evacuation location.

For instance, people can reach Tyndall AFB for base status and return to duty information by calling (800) 896-8806

In the event of an evacuation, employees should contact the Air Force Personnel Center by calling (800) 453-9941 to report their location during the evacuation and to receive further

instructions.

In the event members evacuate to a location other than indicated on their TAFB Form 254, they should contact AFPC and provide updated location and contact information.

(Compiled by the 325th Fighter Wing Public Affairs Office)

#### **Know the FAQs**

#### Some answers to evacuation-related questions

- Q I am military, but I live off base. If the installation commander orders military people to evacuate, do I have to leave?
- A Yes. An evacuation order given by the installation commander is a lawful order and must be followed. The decision to evacuate will be coordinated with associate unit commanders to ensure the mission needs of all units are met. Military members who violate orders are subject to discipline under the Uniform Code of Military Justice.
- Q-I am a civilian and my spouse is military and we live in base housing. Can the installation commander order me to evacuate?
- A-Yes. All military facilities on the installation, including base housing areas, fall under the authority of the installation commander. Additionally, the installation commander is responsible for maintaining the safety and security of personnel assigned to Tyndall AFB and their families.
- Q Does an evacuation order affect civilian personnel residing outside the installation?
- A Civilian personnel residing off base are not required to evacuate when the installation evacuates; however, if the installation commander authorizes civilian personnel to evacuate they are entitled to limited reimbursement for expenses incurred should they evacuate.
- Q If Bay County orders an evacuation but the installation commander doesn't do I have to leave?
- A Base authorities work closely with community authorities, so conflicting evacuation orders are unlikely. However, military members are ultimately required to follow the orders issued through their chain of command.
- Q Can my supervisor authorize me to evacuate?
- A Supervisors need to follow the orders given by the chain of command as the evacuation order will generally indicate by whose authority and when personnel are authorized to depart.
- Q If I evacuate, can I use my government travel card to pay for expenses?

- A If the installation commander orders an evacuation, members who reside in an evacuation zone are authorized to use their government travel card to pay for evacuation-related expenses only.
- Q Where do I go if I am told to evacuate?
- A Personnel ordered to evacuate are authorized to seek shelter, typically within a 500 mile radius of the installation. Your planned evacuation locations must be documented on a TAFB Form 254 and be maintained by your orderly room.
- Q Can I evacuate even if I'm not in an evacuation zone?
- A- It depends upon the evacuation order. Certain personnel may be deemed mission essential or be required to stay behind if they are on the installation's ride-out or base recovery teams.
- Q Do I have to have any paperwork on file with my orderly room in case of evacuation?
- A Yes. All personnel are required to submit a TAFB Form 254 identifying their proposed evacuation location.
  - Q What should I do with my pets?
- A Pets are not allowed in county storm shelters, military lodging facilities and most motels. Therefore, personnel are encouraged to develop a pet care plan before a storm appears. Suitable places include kennels or pet shelters, or a pet-friendly hotel. Some online resources include www.letsgopets.com and pets-allowed-hotels.com.
- Q What should I do after the storm passes?
- A- Contact your chain of command or call Straight Talk at (877) 529-5540 for instructions.
- Q How will I know when I have to return to work?
- A All personnel should monitor local radio and television news reports as recovery information will be provided to broadcast media outlets. Additionally, the 325th Fighter Wing Public Affairs Office maintains the Straight Talk contingency information line, which provides updated information regarding Tyndall issues. Straight Talk is available by calling toll-free (877) 529-5540.

#### **Briefs**

#### **RAO** volunteers

The Retiree Activities Office is seeking volunteers to assist with the various tasks associated with running the office. The RAO is an all-volunteer organization that provides assistance and information to Tyndall's retiree community on retiree-related issues. Those interested in volunteering should contact the office at 283-2737 or by e-mail at tyndall.RAO@tyndall.af.mil.

#### Survivor Benefit Plan

Retiring members need to build an estate to protect their families from the loss of retirement benefits if they die. The SBP is an inexpensive protection that will ensure their spouse will have guaranteed income for life. Insurance and investment plans have a place in the estate plan of many retiring members, but as a supplement to SBP, not as a replacement for SBP. For more information, call Alicia Gibbons, Tyndall's SBP counselor, at 283-8392.

#### Gulf Defender survey

The 325th Fighter Wing Public Affairs office would like to know what you think would make the Gulf Defender better. On May 1, the PA office launched a survey to find out what you read and why; how the paper could improve; and what is important to you as a reader. The survey ends Monday. To make the survey as simple as possible, it is available online at www.afnews.af.mil/internal/survey/ survey\_index.htm. If you have any questions or concerns, contact the Gulf Defender editorial staff at 283-4500.

#### **Gulf Coast Community College**

GCCC will be holding a placement test 1 p.m. Wednesday at the Tyndall Education Center. The cost is \$4 and there will be limited space. GCCC offers scholarships for eligible active duty military personnel in the amount of \$200 per year. Students with GPA of 3.5 and above, enrolled in 5-11 hours will be considered. The deadline to apply is July 31. For more information call 283-4332.

Also, Gulf Coast Community College will be closed Monday in observance of Memorial Day.

#### **Exceptional Family Member Conference**

The Army and Marines have announced the first-ever Exceptional Family Member Conference for DOD families of adults and children with autism or other disabilities. The conference is being sponsored by the Marines and will be held in Quantico, Va., June 1-3. Registration is \$55 per person. For more information on the conference and other classes, events and support agencies, go to www.quantico.usmc-mccs.org/personal/efmp.htm.

## Gulf Guide

#### First term, second course

First Term Airman Center students enjoy a free lunch courtesy of the Commissary Wednesday here. The free meal of hot dogs, chips and soda was a part of Commissary **Awareness Month. First-term Airmen** are the focus of this month's events, as the Commissary promotes the savings and selections they offer as a benefit to military members.



Tech. Sgt. Dan Neely

#### **Powerful Parenting**

The Tyndall Community Center offers Powerful Parenting for Moms and Pops of Tots each Wednesday from 9-10:30 a.m. Bring ideas on how to make this a fun, exciting and educational experience for all. For more information, contact Laurie Campbell at 286-6501 or e-mail znory7@yahoo.com.

#### Volunteers needed

The Tyndall Volunteer Resource Program serves as the central base resource for volunteer recruitment, placement and recognition. The program assists individuals seeking volunteer opportunities to meet their volunteer goals and authorized organizations and agencies to recruit qualified volunteers. Volunteers are currently needed at Family Services/Airman's Attic, the Red Cross, Retiree Activities Office, 325th Services Squadron and other locations at Tyndall. For more information, call the Family Support Center at 283-4204/4205.

#### Focus 56

Focus 56, an organization made up of staff and technical sergeants, provides a voice for the base's junior NCOs. They are committed to facilitating professionalism and growth throughout Tyndall's enlisted force. Those looking to join this growing organization can come out to the business meetings at 3 p.m. the second Friday of each month at the Enlisted Club, or to the informal socials at 3 p.m. the fourth Friday of each month at the Beacon Beach Marina. For more information, call Staff Sgt. Pompilio Alfaro Jr., at 283-7019.

#### Patient travel vouchers

Effective immediately, the 325th Medical

process patient travel vouchers 7:45 a.m. to noon on a walk-in basis and afternoons by appointment only Monday-Friday. If you have any questions on this matter or would like to make an appointment, contact Staff Sgt. Eric Williams at 283-7736.

#### Office closure

The 325th Comptroller Squadron will be closed for an official function 3 to 4:30 p.m. June 3. It will reopen 7:30 a.m. June 6. If you need emergency assistance during that time, call 624-9466.

#### **Thrift Shop hours**

Normal hours are 9:30 a.m. to 12:30 p.m. Wednesday-Friday. Consignments are 9:30-11:30 a.m. Wednesday and Thursday. From July 7–28, the Thrift Shop will be open 9:30 a.m. to 12:30 p.m. Tuesday and Thursday, with consignments only being conducted 9:30-11:30 a.m. Thursdays. For more information, call 286-5888.

#### For Sale

A 2004 Black and chrome Yamaha V-Star 650, hard chrome pipes, 1,250 miles, excellent condition. It comes with two helmets and a reflector vest. \$4,000 or best offer. For more information, call 527-9961.

A 1998 Ford Ranger XLT, excellent condition. For more information, call 215-3993.

#### **Chapel Schedule**

#### **Vacation Bible School**

The Tyndall Chapel presents an Ecumenical Vacation Bible School 9-11 a.m. June 6-Group Resource Management Office will 10 at Chapel 2. Children from 4 years old to

5th grade are invited. For more information or to register, call 283-2925.

#### Marriage class

Catholic military personnel contemplating marriage within the next six months are invited to participate in a one-day preparation being held 9 a.m. to 4 p.m. June 4 at Chapel 2. This class is designed to help couples learn more about each other and the significance of marriage in the Catholic faith. These classes are required in advance of confirming a marriage date. To register, call 283-2925.

#### **Catholic services**

Daily Mass, 11:30 a.m. Monday–Friday, Chapel Two

Reconciliation, before Saturday Mass or by appointment

Saturday Mass, 5 p.m., Chapel Two Sunday Mass, 9:30 a.m., Chapel Two Religious Education, 11 a.m., Bldg. 1476

#### Protestant services

Traditional worship service, 9:30 a.m., Chapel One

Intergenerational religious education classes, 9:55–10:45 a.m., June 12–17 in Bldg. 1476

Contemporary worship service, 11 a.m., Chapel Two

Wednesday Fellowship, 5 p.m., Chapel Two

#### Muslim services

A prayer room will be open for Dhuhr Prayer Monday-Thursday in the Spiritual Maintenance building near the flightline. There will also be Jumauh services at 12:30 p.m. the second and fourth Friday of each

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#### Water buoy

Pat Schmidt, with the 53rd Test Support Squadron swim team, splashes his way to victory in the 50 meter breast stroke during the Tyndall Swim Meet at the base pool May 20. Schmidt went on to also win the 50 meter freestyle and backstroke competitions. He placed second in the butterfly competition, helping his team tie for the overall victory with the 325th Air Control Squadron swim team.

#### **Intramural Sports Standings**

#### Softball

National	W	L
SFS	1	0
MOS	1	0
AMXS1	1	0
AMXS3	1	0
RHS	0	1
MXS2	0	1
TEST	0	1
MDG	0	1
53rd WEG	0	1
ACS2	0	1
83rd FWS1	0	1
CPTS	0	1





		-2
American	W	L
601st AOG	1	0
MXS1	1	0
LRD	1	0
<b>AFCESA</b>	1	0
CES	1	0
MSS	1	0
oss	1	0
ACS1	1	0
CS	0	1
AMXS2	0	1
SVS	0	1
83 FWS2	0	1

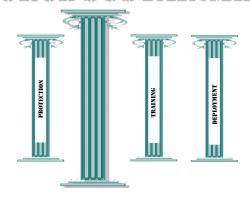
#### Golf

Points

Toam

ream	Points
CES	30.5
SEADS	23.5
CS1	21.5
AMXS	21.5
MSS	21
CONR1	19.5
AFCESA	18
OSS	18
53rd WEG	17
372nd TRS	16.5
RHS	15.5
CS2	13
MXS	12.5
MDG	9
CONR2	8
83rd FWS	7.5
SVS	6.5
ACS	6
SFS	0
1st FS	0

#### **FORCE SUSTAINMENT**



## AAFES' Memorial Day business hours

#### **Base Exchange**

Saturday: 9 a.m. to 7 p.m. Sunday: 10 a.m. to 5 p.m. Monday: 10 a.m. to 5 p.m.

#### **Shoal Point Shoppette**

Saturday: 11 a.m. to 6 p.m. Sunday: 11 a.m. to 6 p.m. Monday: 11 a.m. to 6 p.m.

#### **Class Six**

Saturday: 8 a.m. to 10 p.m. Sunday: 10 a.m. to 6 p.m. Monday: 10 a.m. to 5 p.m.

#### **Felix Lake Shoppette**

Saturday: 6 a.m. to 9 p.m. Sunday: 6 a.m. to 9 p.m. Monday: 6 a.m. to 9 p.m.

#### **Service Station**

Saturday: 9 a.m to 5 p.m. Sunday: Closed Monday: Closed

For information about the holiday hours of other base facilities, contact the facility directly.



• From E-MAIL PAGE 7 bers and databases to connect and communicate through e-business applications instead of local personnel flights."

Those personnel processes include: official personnel notifications and announcements; command, promotion and professional military education candidacy and selection; and retirement, assignment, evaluation, feedback and decoration processing.

Officials said they plan for the Air Force to be fully capable under AF eMail by 2007. Currently, every senior Air Force official has been provided an account.

"We've segmented the force based on mission requirements and will slowly scale the availability to the entire force versus an all-atonce implementation," Captain Phillips said. "We started with the highest level leaders, and our plan is to offer it to other segments of the

force this summer."

During the initial stages, Airmen will continue to use their local or major command e-mail accounts as well as the AF eMail account.

"Until the migration of email accounts happens, it's each member's responsibility to check the AF eMail account on a regular basis," Captain Phillips said. "That's where their careeraffecting personnel actions will be."

## 'Lifecycle funds' aim to maximize retirement savings

GERRY J. GILMORE

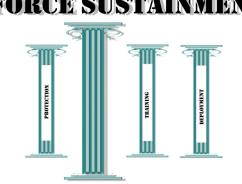
American Forces Press Service

WASHINGTON (AFPN) — Recent surveys show most people contributing to Department of Defense-sponsored thrift savings accounts shun riskier investment options and are not getting maximum returns to build bigger retirement nest eggs, a DOD thrift savings plan specialist said here April 20.

"The vast majority of participants do not fully take advantage of the Thrift Savings Plan," said Army Lt. Col. Janet Fenton, executive director of the Armed Forces Tax Council.

The Thrift Savings Plan is a 401k-type program designed to provide tax-deferred retirement nest eggs for servicemembers and civilian employees,

Colonel Fenton said. TSP managers have noticed that "very few" participants transfer money out of more stable investment programs into riskier options, she said.



Some participants might be leery of riskier TSP investment options because they have little or no stock market savvy, Colonel Fenton said. However, the new Lifecycle Funds program option slated for implementation in July will allow TSP participants to have experienced money managers make investment decisions for them according to 10-year plans.

The Lifecycle Funds program "is going to help address the issue of people who want to take advantage of the Thrift Savings Plan but maybe are a little bit intimidated by making investment choices and allocating their participation contributions between all of the various funds," Colonel Fenton said.

The Lifecycle Fund program "is based on asset allocation within the fund, based on how long you are going to have that money in the fund until you retire," she said.

About \$60 billion of the total \$140 bil-

lion invested in TSP accounts is currently concentrated in the less-risky Government Security Investment. The G fund, consisting of treasury bonds and other federal-backed investments, is considered among the most stable of the five TSP investment choices.

About \$61 billion of TSP contributions are now placed in the Common Stock Index Investment. Yet riskier options offered by the Fixed Income Index Investment, the Small Capitalization Stock Index Investment, and the International Stock Index Investment contain far fewer dollars, Colonel Fenton said.

Through use of the Lifestyle Fund program, "the money is allocated for you amongst the five funds without you having to do anything," she said. The system "is automatic" and "changes as

your time in the military (or government) continues."

For example, typical investments early in a 10-year period would tend to be targeted toward riskier, but higher potential

yield investment options, Colonel Fenton said. Investment choices would become more conservative as the end of the 10-year period nears, she said.

After the current TSP open-season investment choice system ends July 1, participants will be able to change their investment options at any time, Colonel Fenton said.

Although the program does not guarantee participants will make money on every investment, Colonel Fenton said riskier investment options usually produce higher returns over the long term.

Some people may feel safer to continue steering their funds to safer investments, Colonel Fenton said. But "to really leverage your contributions and make the most of the thrift savings plan," people need to move their money out of more conservative investment options and allocate it among the various funds that indicate potentially higher yields over time, she said.

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#### Tyndall history: From sea shells to gun shells

AIRMAN 1ST CLASS SARAH McDowell

325th Fighter Wing Public Affairs

With the technology Tyndall sees today, such as the F/A-22, it is hard to imagine a time when the biggest technological advance in the area was a shell on a stick used as a hammer.

Tyndall has come a long way since the time of shell tools, and in order to show people that progression, the 325th Fighter Wing has collaborated with agencies such as the Southeast Archeological Center.

According to Dr. Bridget Keegan, 325th Civil Engineer Squadron cultural resources manager, Tyndall will soon have its own Heritage Center, where visitors will be able to explore the natural and cultural history of the land where Tyndall is now home.

"We plan to have a very modest beginning," said Dr. Keegan. "There will be items on display, such as old equipment, and in another room there will be archeological history from about 4,000 years to include the Shell Midden Era up to the Pioneer Era."

A brief synopsis of the area traces from 200 A.D., when pre-Columbian people resided on the East Bay here, and can be outlined through the large shell heaps they left behind (now called the Shell Midden Era). Their use of marine life for food, and their shells for tools, dishes and various other uses leave behind evidence of their existence, according to the Historical Tyndall pamphlet made by Natural Resources.

"Tyndall has at least 100 sites known of prehistoric occupation," said Dr. Mike Russo, Southeast Archeological Center archeologist. "We have been researching this base for 10 years."

Their research has shown that Tyndall is the biggest village in the panhandle area from Tampa to Pensacola.

Other bits of interest in the local area's past include the first settlement site in 1824 in the St. Andrews Bay area. Pioneer families settled all over the land, and during the Civil War Era the area became the salt production center for the Confederacy.

In 1941, the Army Air Corps took over property on which a family named Raffield resided. The AAC saw this as a per-



Airman 1st Class Sarah McDowel

Dr. Mike Russo, Southeast Archeological Center archeologist, explains the primitive tools used by the pre-Columbian era people who lived in this area.

fect area for aerial training, and the Raffields were relocated outside of what was called Tyndall field. A large part of their descendants still reside in the local area and have made trips back to the base to visit their ancestor's graves.

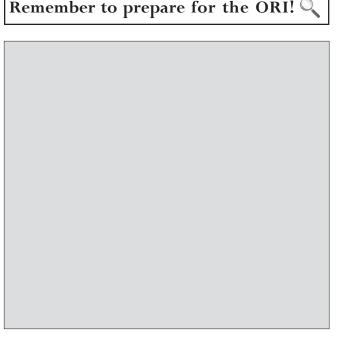
"The importance of this Heritage Center is that it provides a link between the cultural development of the local community and the development of the Air Force mission on the Tyndall Peninsula," said Ken Gleason, 325th CES flight chief.

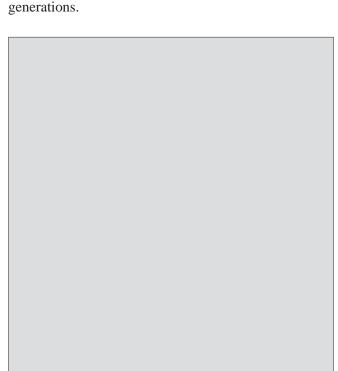
The center is slated to open in December and will initially be open on Thursdays and Saturdays. It will be manned by volunteers and will feature two of Tyndall's modern base houses in addition to the center itself, which will feature artifacts and exhibits, and a gift shop. They also plan to issue permits for hunting from Natural Resources.

"Within Team Tyndall we have a lot of support from the Tyndall community and it truly has been a Team Tyndall initia tive," Dr. Keegan said.

This initiative is important because it is protecting history and land that are elsewhere being destroyed, Dr. Russo said

As for the future of the Heritage Center, it is projected to be open in December so Tyndall's past can be open for future generations





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#### **Avoid hypertension**

Nearly one in three American adults suffer with high blood pressure, and in order to educate the public about this potentially life-threatening condition, May was named High Blood Pressure Education Month.

Also known as hypertension, high blood pressure is the result when the force of blood on artery walls becomes too high. When the artery walls are no longer able to support the higher pressure, a person's life becomes endangered.

A normal blood pressure reading of an average adult is 120/80 millimeters of mercury, and a reading of 140/90 or higher is considered high.

Nearly 18 million Americans suffer from diabetes, and those who do also run an increased chance of having high blood pressure.

African-Americans are also more likely to develop high blood pressure than any other ethnic group and tend to develop it more quickly and seriously than others.

In addition, people who have a high salt intake and low potassium intake (not eating enough fruits and vegetables), increase their risk.

For more information about the condition, contact Maj. Iwona Blackledge, 325th Medical Operations Squadron health care integrator, at 283-7224. (Courtesy of the 325th Medical Group)

#### Congress advances military health care

WASHINGTON (AFPN) — Military surgeons general thanked members of the Senate Appropriations Committee's defense subcommittee for their role in advancing military medicine.

The surgeons general testified May 10 before the subcommittee on the defense health program. At \$18.9 billion, the program's fiscal 2006 budget is an 8.9-percent increase over the previous year's.

"Every dollar invested in the defense health program does much more than just provide health insurance to the department's beneficiaries," said Army Surgeon General Lt. Gen. (Dr.) Kevin Kiley. "Each dollar is an investment in military readiness. In (operations Iraqi Freedom and Enduring Freedom), that investment has paid enormous dividends. And in my visits to Iraq, I can document that personally."

The dividends he spoke of also were heralded by Surgeon General Lt. Gen. (Dr.) George Peach Taylor Jr. and Navy Surgeon General Vice Adm. (Dr.) Donald Arthur. They each reported seeing improvements to battlefield medicine that have reduced the number of servicemembers who did not survive their injuries to less than 10 percent. This figure is a significant improvement over Operations Desert Storm, during which about 22 percent of injured servicemembers did not survive.

"This improved survivability is (because of) superior training of our combat medics, leveraging technology to provide resuscitative surgical care far forward on the battlefield, the superb efforts of the Air Force's critical care and medical evacuation teams, and the advanced research and state-of-the art care available at our medical centers," Dr. Kiley said.

It is also because of teamwork and the members of Congress who have supported numerous advances in combat casualty care, he said.



Staff Sgt. Benjamin Rojek

Senior Airman Angel Arias, left, and Airman Edward Koo, both with 325th Medical Operations Squadron, help Tech. Sgt. Eugene Anderson, Southeast Air Defense Sector, at the Family Practice Clinic Wednesday. The defense health program budget increased 8.9 percent over last year, reaching \$18.9 billion dollars.

Dr. Arthur said the care received in theater also was key to increased survivability.

"The thing that was most critical to the care of wounded Soldiers and Marines over there was the training that the corpsmen and medics got," he said. "The corpsmen and medics (who) were there and delivered the care at the time of the wounding, the training of the surgical teams and the rapid (medical evacuation) and the incredibly great service at Landstuhl (Regional Medical Center in Germany) on their way back to the United States (all contribute to survivability)."

Dr. Taylor focused on rapid evacuation, citing that aeromedical-evacuation Airmen have moved about 55,000 patients since the beginning of Operation Iraqi Freedom.

"In addition, partnering with our critical-care air-transport teams, our air- and medical-evacuation system has made it possible to move seriously injured patients with astonishing speed — as (soon) as

36 hours from the battleground to stateside medical care," Dr. Taylor said. "(This was) unheard of even a decade ago."

The Air Force's expeditionary medical support teams are also the lynchpin of the ground mission, he said. The teams' modularity has supported field commanders by ensuring the right level of medical care is provided to servicemembers wherever they are, Dr. Taylor said.

"As importantly, the speed with which we can deploy EMEDS is unprecedented, making (it) the choice for Special Forces and quick-reaction forces in the United States as well as abroad," Dr. Taylor said.

Despite improvements, Dr. Taylor said, there are still challenges in the military health-care system. One challenge is sustaining a world-class environment in which military medics can practice their specialties. The number of casualties returning to stateside medical facilities presents another challenge.

sualty care, he said.	with astonishing speed — as (soon) a	• SEE HEALTH PAGE 21

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# Funshine NEWS



www.325thservices.com

## We've Changed Our Hours

#### **Community Center**

Monday Closed
Tuesday - Thursday 9 a.m. - 10 p.m.
Friday 9 a.m. - 1 a.m.
Saturday 11 a.m. - 1 a.m.
Sunday 12 p.m. - 10 p.m.

#### **Leisure Travel Office**

Tuesday - Friday 10 a.m. - 5 p.m.

#### Pizza Pub

Monday 11 a.m. - 1 p.m.
Tuesday - Thursday 11 a.m. - 1 p.m.
5 p.m. - 9 p.m.
Friday 11 a.m. - 1 p.m.
6 p.m. - 10 p.m.

Saturday 5 p.m. - 10 p.m. Sunday 3 p.m. - 9 p.m.

**Snack Bar** 

Monday - Friday 6:30 a.m. - 5 p.m.

All ranks at the O' Club

#### Tyndall's Famous Gulf Coast Shrimp and Seafood Bonanza

June 3 - 5:30-8:30 p.m.

- Menu -

Snow crab station
Peel & eat shrimp station
Beef carving station
Variety of selected shrimp dishes
Breaded shrimp
Seafood newberg
Clam chowder soup
Mashed potatoes with gravy
Steamed rice



#### **Members First!**

Show your club card to receive a \$3 discount!



All ranks at the Tyndall Enlisted Club

## Free Movie Night Thursday

#### Milion Dollar Baby Rated PG-13 Movie 6 p.m.

Frankie Dunn is a veteran boxing trainer who has devoted his life to the ring and has little to show for it; he's estrangement from his daughter and a fighter he's groomed into contender status has signed with another manager. Then, Maggie Fitzgerald enters his life and announces she needs a trainer. Frankie regards her as a dubious prospect, as she's too old at 31, lacks experience, and has no technique. Finally won over by her determination, Frankie takes on Maggie, and as she slowly grows into a viable fighter, an emotional bond develops between them.

#### Snack Bar items include

Pizza, hot dogs, chili dogs, nachos, popcorn, candy, & soda.

Youth under age 16 must be accompanied by an adult. Movies subject to availability.

283-4357

Pizza Pub in the Tyndall Community Center

#### NASCAR Race Sunday!

Coca-Cola 600

Race begins at 4 p.m.
Races shown at the Pizza Pub.
Prizes for participation will be given at each
event. Must be a current
club member to win.

283-3222 for details

#### Skills Center

© 283-5411

#### **Auto Shop marathon**

June 25 - 26 from 9:30 a.m. Saturday until 7 p.m. Sunday. Open through the night.... This is a great time to complete your vehicle repairs or projects that take a little longer to finish. Call 283-4511 for more information.

#### Lapel pins

We have a selection of F-15 zipper pulls and F-15 and F-22 key chains in the retail shop.

#### **Community Center**

© 283-2495

#### **Pilates instructor**

The cardio center is looking for an additional Pilates instructor. If you have the right qualifications, call 283-2495.

#### **Leisure Travel**

Looking for a great short vacation getaway? Check out a five-day Key West and Bahamas Cruise out of Jacksonville, Fla. Aug. 22. Two people can get an inside stateroom starting at \$761, or an oceanview stateroom starting at \$880.

Call Nancy at 283-2864 or stop by the Tyndall Community Center Tuesday through Friday from 9 a.m. to 3 p.m., and book your summer getaway while fantastic military discount rates are still available. Also, there are many other cruise and vacation options for you to choose from.

#### **Outdoor Recreation**

© 283-3199

#### FISHING CHARTERS

by Capt. Milton Tarpley

#### From Bonita Bav (max 4 people)

Full-day: \$275 Half-day: \$225

#### From Port St. Joe

Full-day: \$255 Half-day: \$205

Register and pay at Bonita Bay for both sites. Vendor will provide the boat, fishing gear, and guide.



For more information call **283-3199** 

## The following facilities will be closed for Memorial Day!

Pizza Pub
Oasis Snack Bar
Officer's Club
Tyndall Enlisted Club
Youth Center
Child Development Center

# Memorial Day Hours:

Raptor Lanes
Bowling Center:

2 - 8 p.m.

Fitness Center:

10 a.m. - 6 p.m.

Have a safe Memorial Day weekend!

#### • From AFRL Page 8

different services and other federal agencies, such as the Department of Energy and the Department of Justice," said Michael Toscano, PSEAG chairman. "We are responsible for the research and development and the evaluation of products in order to come up

with solutions that meet the operational needs of servicemembers."

Their business has picked up steadily since the Sept. 11, 2001 attacks, but they were already ac-

tively researching protective barriers and other Force Protection methods long before then, said Mr. Toscono.

"We have been involved in this research for more than 10 years since the 1996 Khobar Towers attack in Saudi Arabia," he said. "Our emphasis is on finding commercially available barriers and structures in a timely manner and getting the products to our men and

women in the field where they need them."

Following this explosion, members of his and the AFRL team surveyed the results of the blast impact on the hardened structure and the different barriers. which are usually filled with sand, concrete or a mixture of both. Even though

he only way to make a

building safer is to blow it up and

Air Force Research Laboratory/Detachment 2 commander

see how it reacts."

COL. JIM POLLARD

they found various barriers that withstood the massive 500-pound blast, their work wasn't over yet.

"If an item does well against the blast, the engineers have to find

out why it worked," said John Hagan, Applied Research Associates blast effects test director. "They may take samples back to the lab and do additional tests. Then they'll learn how to improve the product even more.

"That's what we're trying to do here," Mr. Hagan continued. "We're working to keep our men and women safe at home and abroad."



#### Scrub-a-dub

Theresa Barron, Defense Support Service employee, washes the horizontal stabilizer of an F-15 Eagle here recently. The shop washes about five jets a day, and each jet gets washed about every 30 days. It can take anywhere from one to two hours to wash a jet, depending on what it's been through that day.

#### • From HEALTH Page 19

"We've had to prioritize workload to support casualty care and deployment medical screening," Dr. Taylor said. "Family member and retiree care have, in some cases, shifted to the private sector."

While private-sector medical facilities are tangibly equipped to handle combat casualties, which would reduce stress on the military system, they would not understand the unique needs wounded of servicemembers, Dr. Arthur said.

"At (the National Naval Medical Center Bethesda, Md.) or Walter Reed (Army Medical Center here), these Marines and Soldiers are still in combat," he said. "They still remember the stresses that they incurred in combat,

and we care for them in a way that civilian hospitals could not do, just because we have the background, and we have shared that combat experience with them."

Finally, the success of the military medical system for its patients and their families comes down to teamwork, Dr. Arthur said.

"I would say that one of the great benefits of our medical department is that Forces Press Service)

we're not just a medical corps or a nurse corps, ... we're a combination," he said. "We're a team, and it's that teamwork, that synergistic effort of all of our corps together that really makes us strong. You don't find that in civilian institutions, and that's what I think makes our military medical departments great."

(Courtesy of American

#### FORCE SUSTAINMENT

